

Zen Cuisine Price list

Plans	Description	What's Included	Orgeinal Price (12 Days)	Price (12 Days) After Discount (15 %)	Orgeinal Price (24 Days)	Price (24 Days) After Discount (15 %)
Nutritious & Delicious	Full Day Regular Menu	3 Meals 2 Snacks	1260	1071	2520	2142
Nutritious & Delicious	Half Day Regular Menu	2 Meals 1 Snack	1100	935	2200	1870
Power Lunch	Have more energy & productivity at work	1 Meal Side Order Dessert	540	459	1080	918
Busy Budgeter	Pocket & Eco Friendly Menu	3 Meals 1 Snack	1140	969	2280	1938
Weigh up	Gain weight	3 Meals 4 Snacks	1548	1316	3096	2631.6
Bulk up	Build Muscles (Athletic plan)	3 Meals 4 Snacks	1656	1408	3312	2815.2
Wellness MAMA	Healthy pregnancy & Breastfeeding	3 Meals 3 Snacks collagen water	1380	1173	2760	2346
Golden Spoon	Customized Menu	3 Meals 2 Snacks	1500	1275	3000	2550
Kids power lunch	More Energy & productivity for your kids at school	Main Meal Side Dish Snack	540	459	1080	918

Plans	Description	What's Included	# of Days	Orgeinal Price	Price After Discount (15 %)
Clean & Reset	Pescatarian Menu Gluten & Dairy free	3 Meals 2 Collagen water	6	720	612
Clean Protein	High protein (Low Carb menu)	3 Meals 3 Snacks Collagen water	10	1150	978
Lean Machine	Lose up to 6 kg in 1 month	6 Days Cleanse 10 Days Protein 12 Days Regular	28	3130	2661
Keto	Low Carb High fat diet	3 Meals 1 Snack	14	1960	1666
Keto	Low Carb High fat diet	3 Meals 1 Snack	28	3920	3332

Location	# of Days	Price
Delivery (Doha)	1	12
	12	144
	24	288
	28	336

Delivery (Al wakrah)	1	18
Delivery (Al Khor)	1	35